DISHES AND THEIR ALLERGEN CONTENT

DISHES						Lupin	Milk		MUSTARD			ISSAM OIL		WINE
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Hovis - wholemeal medium sliced loaf – Bidfood 111361 (Individual loaves can be ordered)		wheat & gluten											~	
Fletchers - Thick sliced brown bread - Bidfood 111915 (case only)		wheat & gluten											~	
Genius – Gluten free sliced brown bread – Bidfood 111947				~										
Everyday favourites premium baking and spreading – Bidfood 111581							~							
Bebo (for dairy free) – Bidfood 140661 - no allergens														
Sliced Ham 500g average 10/12 slices - Hurrens 133267 no allergens														
Tuna (800g) – Bidfood 110174					~									
Vegan Mayonnaise 1ltr – Bidfood 147726 no allergens														
Grated cheddar cheese - Bidfood 118703 (mild), 118704 (mature)							~							
Eggs – Total Produce 127703C (1x60)				~										
Cranberry Oat Cookie **Use Bebo cooking and baking		wheat, oats, may contain traces of barley												

Review date: November 2022



DISHES AND THEIR ALLERGEN CONTENT

DISHES						Lupin Flour	Milk		MUSTARD			SISAM		Beer
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Flapjack **Use Bebo cooking and baking		Oats, may contain wheat and barley												
Melting Moment **Use Bebo cooking and baking		Oats, wheat may contain barley												
Shortbread **Use Bebo cooking and baking		✓wheat												
Fruit Yoghurt (alternative option for GF only) – Bidfood - 111613							~							
Cucumber batons No allergens														
Carrot sticks No allergens														

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